

## **FULL DAY SCHOOL PROGRAM AS AN EFFORT IN BUILDING THE CHARACTER OF ELEMENTARY SCHOOL STUDENTS**

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### **ABSTRAK**

*Kebanyakan orang menganggap full day school akan menimbulkan kejenuhan serta kebosanan, terutama bagi siswa usia sekolah dasar. Stigma yang terbentuk adalah bahwa siswa akan kehilangan waktu bermain di rumah karena satu hari penuh dari pagi hari sampai sore hari siswa berada di sekolah. Salah satu sekolah dasar yang menerapkan full day school adalah SDIT Bahrul Ulum Kedungwuni Pekalongan sebagai salah satu upaya dalam membentuk karakter siswa. Tujuan penelitian ini untuk mendeskripsikan mengenai full day school dalam membentuk karakter peserta didik di SDIT Bahrul Ulum. Penelitian ini menggunakan metode kualitatif deskriptif, dalam pengumpulan datanya melalui kegiatan observasi, wawancara dan dokumentasi. Hasil dari penelitian ini bahwa SDIT Bahrul Ulum dalam mengimplementasikan program full day school memiliki andil yang besar dalam penanaman karakter yang didukung dengan aktivitas dan lingkungan sekitar sekolah yang nyaman dan menyenangkan. Karakter yang dibentuk dengan adanya program full day school ini adalah mandiri, disiplin, kerja keras, religius dan jujur.*

**Kata Kunci:** *Full day school, karakter, Siswa sekolah dasar*

### **ABSTRACT**

Most people think full-day school will cause boredom and boredom, especially for elementary school-age students. The stigma that is formed is that students will lose playing time at home because a full day, from morning to evening, students are at school. SDIT Bahrul Ulum Kedungwuni Pekalongan is one of the elementary schools that implements full-day school in an effort to develop student character. The purpose of this study is to describe the full-day school's role in shaping the character of students at SDIT Bahrul Ulum. This study uses descriptive qualitative methods in collecting data through observation, interviews, and documentation. The results of this study indicate that SDIT Bahrul Ulum in implementing the full-day school program has a major role in character building, which is supported by activities and a comfortable and pleasant school environment. The

characters formed by the full-day school program are independent, disciplined, hard-working, religious, and honest.

**Keywords:** Full day school, character, elementary school students

## **INTRODUCTION**

Education has a very crucial function in human life. Education in accordance with law no. 20 of 2003 on the discourse of the national education system states that education is a conscious and planned struggle to create an atmosphere of teaching and learning so that students actively share their potential in choosing religious activities, self-control, personality, intelligence, character, and skills to use for themselves, citizens, nation, and state (Ria & Wahidy, 2020).

Fundamentally, education is the main cause for growing and developing the emotional potential of humans because education can make a person good and smart, namely, someone who can use logic and knowledge wisely for actions and things that are good for all parts of their lives. Education is the process of instilling cultural values into a person's personality that will produce a person with character. Therefore, successful education means a process of character. In this case, the formation of character. One of the government's efforts to shape the character of students in which they

have values is by implementing a full day school program (S & Hermanto, 2019).

Full day school is an education system designed to respond to the demands of many citizens, especially parents who are worried about today's social interactions, so parents prefer to choose schools that have full day school programs so that their children can learn more. large. Full day school is a program that makes a positive impact on the abilities or skills possessed by students, and is able to instill character values in students, especially Islamic values. Full day school makes students have good social skills, children also become more leverage to join and socialize with school friends, and children spend their time at school. So that with the existence of a full day school whose activities are from morning to evening, it makes children's activities more spent in the school environment than in the home environment (MUJIZATULLAH, 2018).

In its implementation, full day schools, which provide a longer study time of about 7 to 8 hours a day, strongly recommend presenting

learning in a happy, familial and independent atmosphere, because when learning has a long time, it is very supportive for students to more easily explore and understand to the material provided by the teacher. In addition, at certain times fostering students is most emphasized by the teacher in delivering daily activities such as the habit of reading prayers before learning begins and reading Asmaul Husna and reading and writing the Qur'an which can develop the potential of students (Rosa et al., 2022)

Through the implementation of full day school, the government's efforts to meet the needs of the community, guardians of students who are busy at work and the realization of quality education, which emphasizes more on inculcating character values in students. This character planting is carried out in full day school through positive habituation activities that will foster attitudes such as independence, discipline, responsibility, cooperation, leadership, courtesy, and an attitude of cleanliness, as well as neatness (Wahid & Sabar, 2018). However,

the implementation of full day school, which requires a longer learning time than usual, will cause boredom and lose play time for students. In a situation like this, teachers are more required to be creative in teaching and create a friendly school environment for their students, especially for elementary school students. Because it needs to be remembered that elementary school age is a time when the potential, skills and personality of children are developing, so it is feared that they will be vulnerable to failure, if they cannot make the best use of them.

Full day school is a program that has been formed by several schools in Indonesia, as an example of alternative education, by providing time when learning takes longer, so that the process of character building in students will be maximized, because schools that implement in the learning process and the process of inculcating character values in the school environment which are regulated and arranged in the school curriculum. In addition, full day school also invites and shapes students to live

independently with an atmosphere of togetherness and enlightenment as God's creatures, as well as developing creativity, talent and potential in students (Romaniuk & Shaposhnikova, 2021).

Bahrul Ulum Integrated Islamic Elementary School (SDIT) is one of the schools that implements learning using a full day school system. This school implements a full day school learning system from the beginning of the establishment of the SDIT school, where school learning hours start from 07.00-15.00 WIB. The learning process is carried out with various methods inside and outside the classroom, so that children do not feel bored and bored.

Full day school is not only based on formal schools, but there are also informal schools that implement full day school. In the teaching process carried out by a teacher must apply pleasant teaching (not rigid and continuous). In the learning process of the full day school program, a teacher becomes the center of learning and becomes the main ingredient of knowledge in schools, so that teachers are required to have creativity and innovation in

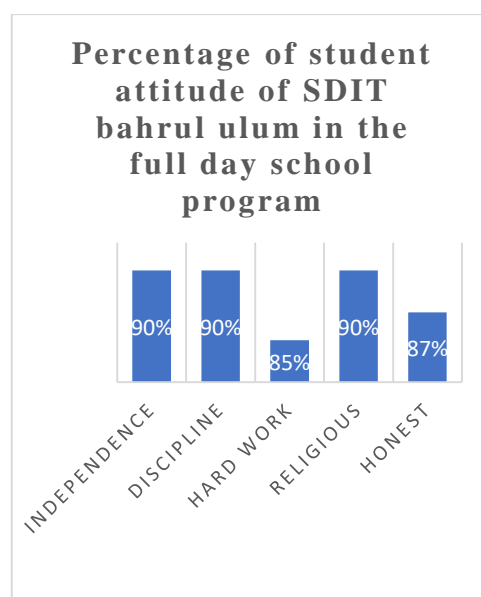
full day school learning and give students the freedom to choose where to study (Handani & Wahyono, 2018). Full day school is synonymous with games, the goal is that the teaching and learning process is full of using an atmosphere of joy. Schools that implement full day school can form a very pleasant situation and create intimacy between students and teachers which will give birth to a generation of intellectual and emotional intelligence. Therefore, the authors conducted research on the implementation of the full day school program at SDIT Bahrul Ulum with the aim of knowing how the full day school process at SDIT Bahrul Ulum in shaping student character.

## **METHOD**

This research uses a qualitative descriptive research type, which is intended to answer how the implementation of full day school is carried out at SDIT Bahrul Ulum. Data collection techniques in this study using observation, interviews and documentation. This research information was obtained from the principal of SDIT Bahrul Ulum and

also as a teacher who directly implements full day school. This data collection method has 3 steps, namely data reduction, data presentation and drawing conclusions. Data reduction is the activity of researchers in selecting and selecting data from observations, interviews and documentation, then the data is processed to make it easier for researchers to present data. The next step is the presentation of the data, the data that has been obtained and has gone through data reduction then the data is presented in the form of a narrative. Furthermore, the last step is to provide conclusions, the data that has been presented then draw conclusions or what is commonly referred to as the researcher's argument.

## DISCUSSION



**Table 1. Characters of SDIT Bahrul Ulum students in the Implementation of Full Day School**

NO	Student Character	Activity
1.	Independence	Students are required to have the effort to do everything themselves, so that we are not easily dependent on others to complete their tasks.

	<p>For example, this Bahrul Ulum SDIT student in his daily activities or activities at school is able to complete his tasks independently.</p>	<p>Ulum SDIT student always arrives on time when he goes to school, does his assignments on time following policies, and has a polite fashion style at school.</p>
2. Discipline	<p>Through the nature of discipline students are able to show regular character and follow various provisions and policies that exist at school. The example of this Bahrul</p>	<p>Every student must have high enthusiasm and hard work in whatever circumstances they do. For example, this Bahrul Ulum SDIT student is</p>

	<p>always enthusiastic, serious and serious in learning, and is able to overcome various obstacles and complete assignment s as well as possible.</p>	<p>tion of worship of other religions, and live in harmony with followers of other religions. For example, SDIT Bahrul Ulum students in their daily activities always establish dhuha prayers, recite the Koran and Asmaul Husna before starting lessons.</p>
4. Religious	<p>This religious character makes students have personalitie s who follow the implementa tion of the teachings of their religion, are tolerant of the implementa</p>	<p>Individuals who have honesty in</p>



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For  
example,  
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taught to be  
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open to  
their  
parents.

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#### **A. Full Day School Background at SDIT Bahrul Ulum**

Full day school is an activity or learning activity that is carried out one full day at school. This program makes learning that takes a long time compared to ordinary or conventional schools, so this allows teachers and students to interact intensively. The full day school program at SDIT Bahrul Ulum is motivated by today's conditions, many parents are busy with their work, both parents who work in the private sector and civil servants. So with that SDIT Bahrul Ulum facilitated by opening a full day school program, due to the fact that most parents need elementary schools that all go to work and pick up, especially parents who work as civil servants who come home until 3 o'clock.

According to the principal, the full day school implemented at SDIT Bahrul Ulum is also motivated by the fact that nowadays, apart from technological advancements such as

children playing games, nowadays it can also be seen that free association is rampant, which violates the ethics and norms that apply in society. Not only that, deviant behavior due to the development of an advanced era, now there are many drugs that have been circulating and alcoholic beverages that have been consumed by teenagers, as well as teenage brawls that have been rampant (Rahayu & Faridah, 2021). Incidents like this are caused because people who used to be children did not get the attention of their parents at all.

Therefore, SDIT Bahrul Ulum in overcoming and avoiding this incident so that it does not happen to children, SDIT Bahrul Ulum takes the initiative and innovates to implement a full day school program in elementary schools, the full day school program has a learning concept that takes a long time that is, a full day. So this is very suitable for children who have parents who are so busy and can't or pay less attention to their children. To avoid negative behavior due to lack of parental attention, parents must enroll their children in schools that implement full day school programs,

one of which is SDIT Bahrul Ulum. With children enrolled in schools that have full day school implementation, the children will be controlled by the school and the full day school at SDIT Bahrul Ulum emphasizes character building by inculcating religious values.

#### **B. Learning Activities as Implementation of Full Day School at SDIT Bahrul Ulum**

Everyone assumes full day school learning is very long and boring, but this assumption is a big mistake, because even though at SDIT Bahrul Ulum the implementation of full day school is like full day school in other schools that implement full day school from 07.00 until afternoon at 15.00 (Susiati, 2015). However, SDIT Bahrul Ulum in its learning combines general learning and religious learning. and at SDIT Bahrul Ulum also apply positive habits such as every morning students are accustomed to shaking hands with their ustadz and ustadzah, this is a form of respect and tawadhu as students, then students pray together and read Asmaul Husna before starting learning activities.

Then proceed with BTQ learning activities whose teachers are taken from outside the school, with the aim that the students being taught do not experience boredom, then half past ten takes a break, because full day school breaks at school there are no traders entering, so all snacks are borne by the school, and filled with dhuha prayers in congregation, then active learning starting from ten o'clock until noon, then continued with dhuhur prayers in congregation and lunch breaks together.

### **C. SDIT Bahrul Ulum's Goal in Implementing Full Day School**

The implementation of full day school SDIT Bahrul Ulum has the aim of providing an example or a positive learning environment that is obtained from the examples of the ustad and ustadzah. This example cannot be covered in a short time so it takes a long time, full day school has a long learning time unlike conventional elementary schools whose learning time is only a maximum of 1 hour. obtained with full day school. Initially at SDIT Bahrul Ulum in carrying out full day school actually wanted to implement

a boarding school or students in boarding schools, but considering the age of elementary school students, their parents still needed attention. So when the full day school student is in the old school, he still gets the attention and affection of his parents at home. Actually SDIT Bahrul Ulum hasn't forced students to be in dormitories or live in huts.

With the implementation of full day school at SDIT Bahrul Ulum which initially only made children independent in character, but later SDIT Bahrul Ulum from the full day school program which was carried out sought to produce independent and ready children in Islamic boarding schools, right from grades 1 and 2 starting In BTQ learning, in grade 3, they began to make thematic visits to get to know the outside world, then introduced staying outside and Islamic boarding schools. Activities like this lead to students being independent and ready for boarding schools.

The existence of a full day school program also makes students have more character, because it is in accordance with the objectives of SDIT Bahrul Ulum regarding the

character building school (character building school). The formation of these characters in addition to independence, SDIT Bahrul Ulum also has the goal of forming characters such as religious, hard work, discipline and honesty (Jesica Dwi Rahmayanti & Muhamad Arif, 2021). The full day school SDIT Bahrul Ulum was founded in 2010, the government has not asked for a character building program, but SDIT Bahrul Ulum has paid attention to this so that when the government implemented character building, it turned out that it had the same path as the existing program at SDIT Bahrul Ulum regarding character building. Then, as before, the character education of children automatically takes longer when the student's character is formed.

The purpose of full day school at SDIT Bahrul Ulum in addition to building student character, of course, is to minimize the negative environment, especially nowadays children like to play games and cellphones. So when full day school can minimize the negative impacts from both the surrounding environment and the

community environment, and also to provide a longer learning space for students, so that the influence of this learning is more striking to students. The implementation of full day school also allows teachers and guardians of students (parents) to monitor and control children's activities within one day, so that students cannot take actions that will have a negative impact on them and others.

When there is a full day school, we will automatically hold some extracurricular lessons. With the extracurricular, it automatically facilitates the intelligence of children, extracurricular at SDIT Bahrul Ulum is not just writing, but actually done because it is part of the curriculum so that it is carried out regularly. Extracurriculars conducted by SDIT Bahrul Ulum are based on religion such as extra tahfidz and BTQ. This extracurricular is expected to be able to shape the character of students at SDIT Bahrul Ulum based on religion, so that the initial goal expected by SDIT Bahrul Ulum is to form students who are ready to be in Islamic boarding schools or in hostels can be realized.

#### **D. Barriers to SDIT Bahrul Ulum in Implementing the Full Day School Program**

One of the obstacles to full day school is that the cost is not cheap, so it cannot be reached by all people, only the upper middle class. In addition to financing in implementing full day school learning, there are also other obstacles, these obstacles are in the learning process, at full day school itself learning is carried out for quite a long time, and everyone is definitely not happy in doing activities for a long time (Mappanyompa, 2019). This makes some students feel bored and bored, so a school must pay attention to the comfort of students by preparing all the necessities needed, both facilities and methods and strategies in learning. When students are in comfortable conditions, even though full day school takes a long time in learning, students will surely follow with enthusiasm and fun, so that the formation of potential, especially student character, can be achieved.

#### **CONCLUSION**

Full-day school is an activity or learning activity that is carried out

one full day at school. This program makes learning take a long time compared to ordinary or conventional schools, so this allows teachers and students to interact intensively. By requiring a long learning time, SDIT Bahrul Ulum does not only study general knowledge but also learn religious knowledge, so that it combines the two, which is carried out intensively. SDIT Bahrul Ulum in implementing the full-day school program has a big role in character building, which is supported by activities and a comfortable and fun environment around the school. The characters formed by the full-day school program are independent, disciplined, hard-working, religious, and honest.

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